

Appendix 1

PSHE, RSE and HE Planning Curriculum Mapping
Including links to Coram Life Bus/Life Space



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Programme of
Study



PSHE, RSE and HE Planning Curriculum Mapping



✧ - Lesson links to Life Bus/Life Space

Year	Autumn 1 Marvellous Me	Autumn 2 Festivals and Fairy Tales Anti- Bullying Week	Spring 1 Amazing Animals Safer Internet Day	Spring 2 Growing and Lifecycles	Summer 1 Once upon a time...	Summer 2 Looking after me and my world
Values	Kindness	Responsibility	Determination	Respect	Honesty	Courage
Nursery	Me and My Responsibilities Marvellous Me I'm Special Valuing Difference Me and my friends	Rights and Responsibilities Looking after myself Looking after others	Being my Best I can do it! I can keep trying	Rights and Responsibilities Looking after my environment Valuing Difference Including Everyone	Valuing Difference Friends and Family Keeping Myself Safe Safety Indoors and Outdoors	Being My Best What does my body need? Keeping Myself Safe What's safe to go into my body

Age appropriate units linked to Growing and Changing are still under development.



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Values	Kindness	Responsibility	Determination	Respect	Honesty	Courage
Reception	<p>Me and My Relationships What makes me special ✱</p> <p>Me and my special people</p> <p>Who can help me? ✱</p> <p>Valuing Difference Kind and caring (1)</p> <p>I'm special, you're special</p> <p>Rights and Responsibilities Being helpful at home and caring for our classroom</p>	<p>Keeping Myself Safe Safe indoors and outdoors</p> <p>What's safe to go onto my body ✱ includes handwashing and teeth cleaning</p> <p>Keeping safe online</p> <p>Listening to my feelings (1) ✱</p> <p>Valuing Difference Kind and Caring (2)</p> <p>Me and My Relationship My feelings</p> <p>My feelings (2) ✱</p>	<p>Being my Best Yes, I can!</p> <p>Bouncing back when things go wrong</p> <p>Valuing Difference Same and different families</p> <p>Same and different</p> <p>Same and different homes</p>	<p>Growing and Changing Life stages - plants, animals, humans</p> <p>Where do babies come from?</p> <p>Life stages: human life stage – Who will I be?</p> <p>Getting bigger</p> <p>Seasons</p> <p>Rights and Responsibilities Looking after my friends</p>	<p>Rights and Responsibilities Looking after money (1): recognising, spending and using</p> <p>Looking after money (2): saving money and keeping it safe</p> <p>Looking after my special people</p> <p>Keeping Myself Safe People who help to keep me safe</p> <p>What's safe to go into my body (including medicines) ✱</p>	<p>Rights and Responsibilities Caring for our world</p> <p>Being my Best Healthy eating (1) ✱</p> <p>Healthy eating (2) ✱</p> <p>Move your body ✱</p> <p>A good night's sleep ✱</p>



PSHE, RSE and HE Planning Curriculum Mapping



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Year	Autumn 1 Pioneers	Autumn 2 Toys Anti-Bullying Week	Spring 1 Pets Safer Internet Day	Spring 2 Pets	Summer 1 Come Outside	Summer 2 Come Outside
Values	Kindness	Responsibility	Determination	Respect	Honesty	Courage
1	<p>Valuing Difference Who are our special people? Harold's school rules It's not fair</p> <p>Me and My Relationships Good friends ✘</p> <p>Why we have classroom rules</p> <p>How are you listening?</p> <p>Being my Best Pass on the praise</p>	<p>Me and My Relationships Our feelings ✘ Feelings and bodies</p> <p>Rights and Responsibilities Harold's wash and brush up ✘ Taking care of something</p> <p>Valuing Difference Unkind, tease or bully?</p> <p>Keeping Myself Safe Who can help?(1)</p> <p>Growing and Changing Who can help(2)</p> <p>First Aid Day Basic first aid</p>	<p>Being my Best Harold has a bad day Harold learns to ride his bike (link with Pedals)</p> <p>Catch it! Bin it! Kill it! ✘</p> <p>Growing and Changing Then and now</p> <p>Rights and Responsibilities Around and about the school</p>	<p>Valuing Difference Same or different</p> <p>Being my Best Eat well I can eat a rainbow ✘</p> <p>Keeping Myself Safe Healthy me ✘ Super sleep ✘</p> <p>Me and My Relationships Our special people balloons</p>	<p>Me and My Relationships Thinking about feelings</p> <p>Keeping Myself Safe What would Harold do? ✘</p> <p>Rights and Responsibilities Harold's money How should we look after our money</p> <p>Growing and Changing Surprises and secrets</p>	<p>Keeping Myself Safe Harold loses Geoffrey (<i>Sensitive lesson on loss</i>) Good or bad touches?(PANTS)</p> <p>Growing and Changing Inside my wonderful body! Keeping privates private Taking care of a baby</p>



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Year	Autumn 1 Elves and the Shoemaker From St. John's to India	Autumn 2 From St. John's to India Anti- Bullying Week	Spring 1 History is Everywhere Safer Internet Day	Spring 2 Let it Grow	Summer 1 Survival of the Fittest	Summer 2 Oh I do like to be beside the seaside!
Values	Kindness	Responsibility	Determination	Respect	Honesty	Courage
2	<p>Me and My Relationships Being a good friend ✧</p> <p>Our ideal classroom(1)</p> <p>Our ideal classroom (2)</p> <p>Valuing Difference My special people</p> <p>When someone is feeling left out</p> <p>An act of kindness</p> <p>Growing and Changing A helping hand</p>	<p>Me and My Relationships Bullying or teasing?</p> <p>Types of bullying ✧</p> <p>Don't do that!</p> <p>Being my Best My day</p> <p>Harold's bathroom</p> <p>Harold's postcard – helping us to keep clean and healthy</p> <p>First Aid Day Basic first aid</p>	<p>Me and My Relationships Let's all be happy! ✧</p> <p>Valuing Difference Solve the problem</p> <p>Being my Best You can do it!</p> <p>My body needs... ✧</p> <p>What does my body do... ✧</p> <p>Rights and Responsibilities Getting on with others</p> <p>When I feel like erupting</p> <p>Playing Games(link with internet safety day)</p>	<p>Valuing Difference What makes us who we are?</p> <p>How do we make others feel?</p> <p>Rights and Responsibilities How can we look after our environment?</p> <p>Keeping Myself Safe What should Harold say?(medicines)</p> <p>Growing and Changing Respecting privacy</p>	<p>Me and My Relationships How are you feeling today?</p> <p>Rights and Responsibilities Harold saves for something special</p> <p>Harold goes camping</p> <p>Feeling safe</p> <p>Keeping Myself Safe Should I tell?</p> <p>Some secrets should be kept</p>	<p>Keeping Myself Safe How safe would you feel?</p> <p>I don't like that!(PANTS)</p> <p>Harold's Picnic ✧</p> <p>Fun or not?(Consent – it is ok to no – not linked to sexual content)</p> <p>Growing and Changing Sam moves away</p> <p>My body, your body</p> <p>Haven't you grown</p>



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Year	Autumn 1 Stones and Bones	Autumn 2 Stones and Bones Anti- Bullying Week	Spring 1 From Lands End to John O'Groats Safer Internet Day	Spring 2 From Lands End to John O'Groats	Summer 1 What have the Romans Ever Done for Us?	Summer 2 What have the Romans Ever Done for Us?
Values	Kindness	Responsibility	Determination	Respect	Honesty	Courage
3	<p>Me and My Relationships Looking after our special people</p> <p>Dan's dare</p> <p>Friends are special ✘ <i>(prejudice)</i></p> <p>As a rule</p> <p>Thanks</p> <p>Being my Best Top talents ✘</p>	<p>Me and My Relationships How can we solve this problem?</p> <p>Valuing Difference Zeb</p> <p>Being my Best Poorly Harold <i>(medicine)</i></p> <p>Rights and Responsibilities Helping each other to stay safe</p> <p>Harold's environmental project</p> <p>Keeping Myself Safe Super searcher <i>(internet safety/media influence)</i></p> <p>Cross Curricular Let's have a tidy up!</p> <p>First Aid Day Basic first aid</p>	<p>Me and My Relationships Tangram team challenge</p> <p>Being my Best Getting on with your nerves! ✘</p> <p>Body team work ✘</p> <p>I am fantastic!</p> <p>For or against?</p> <p>Derek cooks dinner! <i>(healthy eating)</i> ✘</p> <p>Growing and Changing Body space <i>(personal space)</i></p>	<p>Valuing Difference My community</p> <p>Respect and challenge</p> <p>Let's celebrate our differences</p> <p>Our friends and neighbours</p> <p>Rights and Responsibilities Our helpful volunteers</p> <p>Growing and Changing Relationship tree</p>	<p>Rights and Responsibilities Can Harold afford it?</p> <p>Earning money</p> <p>Recount task</p> <p>Keeping Myself Safe Help or harm? ✘</p> <p>None of your business!</p> <p>Raisin challenge!</p> <p>Growing and Changing Secret or surprise?</p>	<p>Me and My Relationships My special pet <i>(loss and bereavement)</i></p> <p>Valuing Difference Family and friends <i>(covers different family structures)</i></p> <p>Keeping Myself Safe The risk robot</p> <p>Safe or unsafe?</p> <p>Alcohol and cigarettes: the facts ✘ <i>(light touch lesson)</i></p> <p>Danger or risk?</p> <p>Growing and Changing My changing body</p>



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✱ - Lesson links to Life Bus/Life Space

Year	Autumn 1 The Street Child	Autumn 2 The Street Child Anti- Bullying Week	Spring 1 Till We Meet Again Safer Internet Day	Spring 2 Till We Meet Again	Summer 1 Plastic Pollution	Summer 2 Plastic Pollution
Values	Kindness	Responsibility	Determination	Respect	Honesty	Courage
4	<p>Me and My Relationships Different feelings</p> <p>Ok or not ok? (part 1)</p> <p>Ok or not ok? (part 2)</p> <p>Valuing Difference Friend or acquaintance?</p> <p>Rights and Responsibilities How do we make a difference?</p> <p>Keeping Myself Safe How dare you?</p>	<p>Me and My Relationships Under pressure</p> <p>Being my Best My school community (1)</p> <p>Rights and Responsibilities Who helps us stay healthy and safe?</p> <p>Why pay taxes?</p> <p>Safety in numbers</p> <p>Keeping Myself Safe Picture wise</p> <p>Medicines: check the label ✱</p> <p>First Aid Day Basic first aid</p>	<p>Me and My Relationships Human machines</p> <p>When feelings change</p> <p>Valuing Difference Can you sort it? ✱</p> <p>Being my Best Making choices</p> <p>Rights and Responsibilities It's your right</p> <p>Keeping Myself Safe Raisin challenge(2)</p> <p>Growing and Changing Moving house (<i>could be a sensitive lesson</i>)</p>	<p>Valuing Difference Islands</p> <p>What would I do?</p> <p>The people we share our world with</p> <p>Being my Best What makes me ME? ✱</p> <p>SCARF hotel ✱</p> <p>Growing and Changing Together</p> <p>Cross Curricular Volunteering is cool</p>	<p>Valuing Difference That is such a stereotype!</p> <p>Rights and Responsibilities Logo quiz</p> <p>Harold's expenses</p> <p>In the news!</p> <p>Keeping Myself Safe Danger, risk or hazard? ✱</p> <p>Growing and Changing Secret or surprise?</p>	<p>Me and My Relationships An email from Harold</p> <p>Being my Best Harold's seven Rs</p> <p>Keeping Myself Safe Keeping ourselves safe</p> <p>Know the norms(smoking and alcohol) ✱</p> <p>Growing and Changing My feelings are all over the place!</p> <p>All change!</p> <p>Preparing for periods(formerly Period positive)</p>



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Year	Autumn 1 Temples, Tombs and Treasures	Autumn 2 Temples, Tombs and Treasures Anti- Bullying Week	Spring 1 Turbulent Times Safer Internet Day	Spring 2 Turbulent Times	Summer 1 It's a Jungle Out There!	Summer 2 It's a Jungle Out There!
Values	Kindness	Responsibility	Determination	Respect	Honesty	Courage
5	<p>Me and My Relationships How good a friend are you?</p> <p>Give and take</p> <p>Valuing Difference Qualities of friendship</p> <p>Kind conversations</p> <p>The land of the red people</p> <p>Being my Best My school community(2)</p> <p>Growing and Changing Help! I'm a teenager – get me out of here!</p>	<p>Valuing Difference It could happen to anyone</p> <p>Being my Best Independence and responsibility</p> <p>Rights and Responsibilities Local Councils</p> <p>Rights, responsibilities and duties</p> <p>Keeping Myself Safe Spot bullying</p> <p>Smoking: what is normal? ✘</p> <p>Growing and Changing Stop, start, stereotypes</p> <p>First Aid Day Basic first aid</p>	<p>Me and My Relationships Being assertive ✘</p> <p>Being my Best Different skills</p> <p>Getting fit ✘</p> <p>It all adds up ✘</p> <p>Rights and Responsibilities Mo makes a difference</p> <p>What's the story?</p> <p>Growing and Changing How are they feeling?</p>	<p>Me and My Relationships Collaboration challenge?</p> <p>Communication</p> <p>Valuing Difference Happy being me</p> <p>Boys will be boys?- challenging workplace gender stereotypes</p> <p>Rights and Responsibilities Fact or opinion?</p> <p>Keeping Myself Safe Ella's diary dilemma</p> <p>Drugs, true or false? ✘</p>	<p>Me and My Relationships Our emotional needs ✘</p> <p>Valuing Difference Is it true?</p> <p>Being my Best Star qualities?</p> <p>Rights and Responsibilities Spending wisely</p> <p>Lend us a fiver?</p> <p>Keeping Myself Safe Would you risk it? ✘</p> <p>Play, like, share</p> <p>Growing and Changing Dear Ash</p>	<p>Me and My Relationships Relationship cake recipe</p> <p>Keeping Myself Safe 'Thinking' about habits ✘</p> <p>Decision dilemmas ✘</p> <p>Jay's dilemma ✘</p> <p>Growing and Changing Growing up and changing bodies</p> <p>Taking notice of feelings</p> <p>Dear Hetty</p> <p>Changing bodies and feelings</p>



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Year	Autumn 1 Extreme Earth	Autumn 2 Extreme Earth Anti-Bullying Week	Spring 1 Change the World Safer Internet Day	Spring 2 Change the World	Summer 1 Words, Wisdom and Wonder	Summer 2 Words, Wisdom and Wonder
Values	Kindness	Responsibility	Determination	Respect	Honesty	Courage
6	<p>Me and My Relationships Solve the friendship problem</p> <p>Working together</p> <p>Dan's day</p> <p>Valuing Difference Advertising friendships</p> <p>Rights and Responsibilities Democracy in Britain 1 – Elections</p> <p>Democracy in Britain 2 – How(most) laws are made</p>	<p>Valuing Difference Ok to be different</p> <p>We have more in common than not</p> <p>Rights and Responsibilities Action stations</p> <p>Jobs and taxes</p> <p>Happy shoppers</p> <p>Keeping Myself Safe What sort of drug is...? ✘</p> <p>Traffic lights</p> <p>Growing and Changing Pressure online</p> <p>First Aid Day Basic first aid</p>	<p>Me and My Relationships Let's negotiate</p> <p>Assertiveness skills (formally Behave yourself – 2) ✘</p> <p>Being my Best This will be your life! ✘</p> <p>Rights and Responsibilities Two sides to every story</p> <p>Keeping Myself Safe Alcohol: what is normal? ✘</p> <p>Growing and Changing I look great</p>	<p>Me and My Relationships It's a puzzle</p> <p>Don't force me</p> <p>Valuing Difference Respecting differences</p> <p>Tolerance and respect for others</p> <p>Being my Best Five ways to wellbeing project</p> <p>Rights and Responsibilities Fakebook friends</p> <p>Keeping Myself Safe Think before you click</p>	<p>Me and My Relationships Behave yourself</p> <p>Acting appropriately (PANTS)</p> <p>Rights and Responsibilities What's it worth</p> <p>Keeping Myself Safe Joe's story (part 1) ✘</p> <p>Joe's story (part 2) ✘</p> <p>To share or not to share?</p> <p>Growing and Changing Dear Ash</p>	<p>Being my Best What's the risk (1) ✘</p> <p>What's the risk (2) ✘</p> <p>Keeping Myself Safe Rat park</p> <p>Drugs: It's the law ✘</p> <p>Growing and Changing Is this normal?</p> <p>Helpful or unhelpful? Managing change</p> <p>Media manipulation</p> <p>Making babies</p>

