# Appendix 5

# SCARF Guidance – Creating a Safe Learning Environment



St John's Primary

# At St. John's Primary, we follow SCARF guidance on creating a safe learning environment.

## Creating a safe learning environment

When setting up any lesson that deals with potentially sensitive subjects, it's essential to begin by creating a safe, secure learning environment. This will help children feel confident to share their ideas, values and attitudes without fear of negative feedback from their peers. A safe learning environment with clear boundaries also helps teachers to manage discussions on sensitive issues with greater confidence.

The Relationships Education resources within SCARF include specially produced films and guidance for dealing with the particularly sensitive nature of this subject. These cover creating a safe environment, handling sensitive questions and using a question box or 'Ask it basket'.

### Before getting started

In order to establish a safe learning environment, it's recommended good practice to:

- Link PSHE and emotional health and wellbeing education into the whole-school approach to supporting pupil welfare and safety. The use of SCARF to build a positive, respectful ethos in school can help with this.
- Work with pupils to establish ground rules about how they will behave towards each other in discussion, rather than imposing rules on them. This helps rules to be more meaningful and relevant (see examples, below).
- Ensure that ground rules/class agreements reflect the school's wider policies and practice in relation to managing sensitive issues.
- Provide opportunities for children to ask questions anonymously, by using a Question Box or 'Ask it Basket', for example. This enables children to ask questions that concern them without having to do so in front of their peers.
- Offer opportunities for pupils to discuss issues in small groups as well as sharing views with the class; this can help some children to feel more confident.
- Provide balanced information including a variety of views to help pupils clarify their own opinions (whilst being clear that behaviours such as discrimination and bullying are never acceptable in any form).

- Be aware of and sensitive to the needs and experiences of individual children that may have direct experience of some of the issues being discussed.
- Provide information to children about how they can get help and support both in school and outside, as appropriate.
- Always work within the school's policies on safeguarding and confidentiality, in particular making it clear to children your school policies on disclosure of confidential information and following up concerns in a more appropriate setting outside lessons.
- Depersonalise discussions by using distancing techniques stories, role-play, scenarios of real situations but with fictional characters and storylines etc.

## Setting ground rules or a class working agreement

Although ground rules are most meaningful and effective when developed as a class, there are basic elements that should be encouraged, including:

- Listen to and respect each other
- Use language that won't offend or upset other people.
- Use the correct terms, and if we don't know them, we'll ask for help.
- Comment on what was said, not the person who said it.
- Don't share our own, or our friends', personal experiences.
- Don't put anyone on the spot or ask personal questions
- We have the right to pass.
- Don't judge or make assumptions about anyone.

#### What works best

Research by the PSHE Association about what teachers report to be the most effective ground rules that they works best when:

- Written in children's own words
- · Displayed in the classroom
- Monitored by children themselves
- Upheld consistently by the teacher as well as the children, without exception.

Some teachers also felt that getting children to sign an informal contract also worked well.

Short films that demonstrate setting up class agreements with both younger and older children in the SCARF resources are used as part of CPD.